



Psychiatric Survivors of Ottawa

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Nomination Form for Board of Directors 2022/23

There are **some vacancies** on the Board of Directors to be filled at this time. Deadline for Submission to the PSO office: **October 25, 2022**

Two nominators are required, and they must be PSO members in good standing.

*Please mail this form back to the office so we can get 2 members to sign off on your nomination.

Eligibility Requirements:

- Be at least 18 years old;
- Not have been declared incapable by a court in Canada or in another country;
- Be an individual (i.e., a corporation cannot be a director);
- Not be in bankrupt status: and
- Be a member of PSO in good standing for a period of at least 30 days.

Date: _____

Name of Nominee: _____

Address: _____

Phone: _____ Alt Phone: _____

Nominator 1: _____

(name and signature)

Nominator 2: _____

(name and signature)

I, _____ am running for the PSO board of directors

Date: _____ **Signature:** _____

What you could expect if elected to be a Director....

Functions of the Board of Directors:

- Organizational Operations
- Vision and Planning
- Provide direction and supervision of the Executive Director
- (Cause to be) carried out all resolutions and orders of the PSO Corporation
- Financial Oversight
- Community Relations

General Information:

- Being a Director is a volunteer position without monetary compensation
- Term of office is two (2) years. A Director may serve on the Board for a shorter period if they were selected to complete another's term.
- Monthly meetings (occasionally two, as necessary) plus committee meetings/work as necessary

General Expectations of Each Director:

- Know the organization's mission, purposes, goals, policies, programs, services strengths and needs, serve in leadership positions or undertake special assignments willingly and enthusiastically when asked
- Complete the Board of Directors training program
- Follow trends in the organization's field of interest
- Suggest possible nominees for board service
- Serve the organization as a whole rather than any special interest group or constituency
- Maintain objectivity
- Read and understand the organization's financial statements
- Be yourself!

Meetings

- Prepare for, attend and participate in meetings and/or training
- Read minutes, reports, etc. circulated ahead of time
- Suggest agenda items when appropriate
- The position of 'Chairperson' rotates among the Directors for each meeting

Confidentiality/Conflicts of Interest

- Maintain the confidentiality of items so designated
- Avoid conflicts of interest that might embarrass the organization, and disclose any possible conflicts as early as possible
- Speak on behalf of the organization when asked to do so